



Making Sense of the DSM5

Presented By: Dr. Jennifer Berton, LICSW, CADC-II



“Very informative & helpful to see differences between DSM-IV & DSM5. Instructor was awesome, very personable and very well-informed on the DSM.”

“Dr. Jennifer Berton’s sense of humor, engaging warmth made this topic embraceable, engaging and encouraging.”

“Information presented clearly, instructor personable and engaging.”

“Engaging & enjoyable to listen to. Covered objectives well too.”

Training Synopsis

The 5th edition of the DSM brings with it some of the most significant changes between editions. In addition to changes in the disorders themselves and how they are grouped, the diagnostic system has been revamped. Are you prepared to incorporate the changes into your practice and to diagnose your clients accurately? This training shows you how to use the DSM5 to enhance your assessment skills.

1

LEARNING OBJECTIVE

Understand the major philosophical changes to the diagnosis process in the DSM5.

2

LEARNING OBJECTIVE

Learn the categorical & disorder changes and additions introduced in the DSM5.

3

LEARNING OBJECTIVE

Examine the assessment tools published with the DSM5.

4

LEARNING OBJECTIVE

Practice diagnosis using the DSM5 through numerous clinical vignettes.



Core Ideas

This workshop will identify the changes introduced in the new DSM, comparing editions IV and V, and identifying the changes most likely to affect your individual practice, using many case examples as practice. This training is appropriate for all diagnosing clinicians, and for those who want to better understand the diagnostic process.

This training has innovations in direct practice as the DSM5 is the required tool in assessing and diagnosing patients. It connects to diversity specifically by examining culture as a significant factor of diagnosis, examining how the DSM5 has included culture in the clinical assessment. It connects to ethics because participants will learn how to ensure their assessment skills adhere to the strictest of ethical principles. It connects to advocacy because the better the diagnosis, the better treatment the clients will receive; treatment the clients deserve and need to build a healthy life. This training will teach attendees how to utilize interviewing techniques that meet the needs of the clients they serve,

Reading List

American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders* (5th ed.). Washington, DC: Author.

Barnhill, J.W. (2013). *DSM5 Clinical Cases*. American Psychiatric Publishers: Washington DC.
 First, M.B. (2013). *DSM-5 handbook of differential diagnosis*. American Psychiatric Publishers: Washington D.C.
 Morrison, J. (2014). *DSM5 made easy: The clinician's guide to diagnosis*. Guilford Press: New York.
 Morrison, J. (2007). *The first interview* (3rd ed). The Guilford Press: New York.
 Nussbaum, A.M. (2013). *The pocket guide of the DSM5 diagnostic exam*. American Psychiatric Publishers: Washington D.C.

Training Agenda

9:00-9:15: Introduction of presenter and topic, housekeeping announcements, introducing themes of the topic.
 9:15-10:30: Part I: Overview of the Changes
 10:30-10:45: Break
 10:45 - 12:00: Part II: How to use the DSM5
 12:00-1:00 Lunch
 1:00-2:30: Part III: Practice Clinical Cases
 2:30-2:45: Break
 2:45-3:15: continuation of Case Practice
 3:15-3:30: Summary of Topic/Q&A

“Dr. Berton is engaging, funny, high energy, approachable + held my attention throughout this training.”

JENNIFER BERTON, PHD, LICSW, CADC-II

Dr. Berton, LICSW, CADC-II is the Founder and Principal Clinician at The Rose Center for Learning, which includes both a private counseling practice and a supervision, consultation, and trainings company. Dr. Berton has published articles in journals, magazines, and blogs and is the author of *Ethics for Addiction Professionals* (2014). For more than 20 year, Dr. Berton has been working with various populations in a variety of mental health settings, and has been providing clinical trainings on many topics. She received her Masters and Doctorate from UC Berkeley, and is licensed in the states of CT and RI. Visit rosecenterforlearning.org for more information.

